

# "Honouring our Chocolate Roots"

May 12th to 19th 2017

#### The Grenada Chocolate Fest returns!

The Grenada Chocolate Fest celebrates the island's delicious organic and ethically produced cocoa and chocolate. Back for a fourth year, the festival is a perfect experience for all those who have a passion for dark chocolate. Learn how Grenada's chocolate farmers and artisans craft their famous ethical "tree to bar" products. Take a journey through the island's rich history and visit cocoa farms nestled in its lush Caribbean rain forest....dance the cocoa or be a cocoa farmer or a Caribbean chocolatier for a day. Jam by the turquoise sea at sunset, and run through a cocoa forest! And when you are ready to relax and unwind, indulge in some authentic chocolate-inspired cuisine and luxuriate in cocoa-infused island life!

### Friday 12th "Get In the Mood for Chocolate"

Visit Grenada's **House of Chocolate** in historic St George's. Get information and tickets for the festival, try delicious homemade bonbons and truffles and a cup of delicious cocoa tea and buy some of your chocolate supplies for the week!

Night Join the Festival Chocolicious Opening Party at **Dodgy Dock, True Blue Bay Resort** and dance to the happy rhythms of Grenada. Enjoy delicious food, both savoury and sweet, prepared with organic cocoa and chocolate and try chocolate-scented rums and chocolate beer. This year, we will be honouring key Grenada cocoa farmers and highlighting their hard work and achievements.

## Saturday 13th "Healthy Benefits of Cocoa at True Blue Bay Boutique Resort"

Day Begin with an inspiring yoga session and cocoa tea meditation at **Sankalpa Yoga Studio** followed by a gloriously indulgent chocolate breakfast at the **Dodgy Dock**. Find out about the health benefits of chocolate and learn to make magic chocolate beauty potions to take away with you. Book your chocolate treatments for the week at **Blue Haven Spa**.

Afternoon "The Chocolate Hash" Experience the countryside with the **Grenada House Harriers** on their weekly "hash" running (or walking) through cocoa plantations (a reasonable level of fitness required)!!

## Sunday 14th "Chocolate and Arts and Music by the Tunnel"

Day Walk through St Georges, enjoy the old Georgian architecture and join us at the celebrated **Sendall Tunnel in St Georges** (a narrow 340-ft passageway built in 1894) with music, dancers and art. Visit the National Museum and Art Fabrik, a boutique with exquisite handcrafted batik art and clothes. Finally, cool down for refreshments across the road at the **House of Chocolate**!

## Monday 15th "Belmont Estate Tree To Bar Experience"

Day Visit the magnificent **Belmont Estate**, an authentic 17th century cocoa plantation and see the traditional ways of picking and processing cocoa through to making and creating chocolate. Learn from expert Dr. Sukha from the Cocoa Research Center the secrets of fermenting, drying and polishing of the cocoa beans, walking in the drying trays and dancing in the old copper pots. You are also invited to join the official Opening of the new Belmont Chocolate Factory!

Night Meet at the **West Indies Beer Company** brewery-bar for a pint of chocolate beer and other cocoaktails, delicious food, and dancing to Caribbean tunes.

## Tuesday 16th "Cook it up & join fellow chocolatiers for a taste of Chocolate"

Day Cook your own chocolate-inspired lunch guided by local star cooks, Esther and Omega, using fresh local produce,

chocolate, cocoa and spices. Learn some quick chocolate secrets from Heidi Roberts "Kitchen Talk" visiting blogger at **Dodgy Dock.** 

Early Evening Talk and taste of Mexican cacao and chocolates conducted by the renowned Mexican chocolatier, Ana Rita Garcia Lascurain. Follow by "Mini Chocolate Salon". Join local and international Chocolatiers sharing the secrets of their own chocolate creations and exchange tastes and ideas! Session conducted by Ana Rita Garcia Lascurain and International Chocolatier and Blogger Elle Coco from the UK at True Blue Bay Boutique Resort

### Wednesday 17th "Chocolate on a Shoestring!"

Be inspired by the ingenious creativity of Kim and Lylette, the owners of **Crayfish Bay Organic Estate** by making an exquisite tree-to-bar chocolate at their cocoa farm, and learn about the history of one of the oldest plantations in Grenada, Getting hungry...lunch is served a short drive away on the verandah at **Petite Anse Restaurant** with heart-stopping views of the Grenadine islands and chocolate inspired-food and local artists. Bring your swimwear and towel for a refreshing plunge by the pool. Tour of Diamond Chocolate Factory on the return journey.

Evening "Street Food Wednesday" at **Dodgy Dock**, where you can taste Grenada's cuisine whilst listening and dancing to some of Grenada's rising music stars.

### Thursday 18th "Mott Green and the Grenada Chocolate Factory"

The day will start at the **Bonbon Shop in Belmont** to hear Edmond Brown, one of the original founders of the Grenada Chocolate Company, tell the story of the amazing Mott Green with a taste of their unique chocolate bars. Hear about the creation of Grenada's first Tree-to-Bar chocolate and about the company's passion for sustainability. Complete the experience with a tour of the **Grenada Chocolate Company** an al fresco Mott-style lunch of Grenadian Oil Down and white wine. For dessert, a special taste of the exquisite UK-based Rococo Chocolate (made with Grenada cocoa beans) conducted by Rococo's head chocolatier Karen Waller

Evening Venue to be announced

### Friday 19th "Let's Get to Work"

Be a farmer for a day at Crayfish Bay Organic Estate and join the team - learn how to pick cocoa pods, harvest the beans and prepare them for processing. Alternatively visit Mount Edgecombe Plantation, a working cocoa estate and fabulous boutique hotel with luscious herb and fruit gardens. Learn how to pair the flavours of Grenada together...fruits, spices and cocoa. Enjoy a plantation-style lunch and a swim in one of the most dramatic locations Grenada has to offer. Evening "Sunset Bonfire, Drumming and Chocolate" Soak up the atmosphere and sway to the beat of local drums around a beach bonfire. Sample delicious chocolate treats, aromatic local rums and exotic tropical cocktails at Mt. Cinnamon Beach Cabana at Grand Anse Beach.

### Saturday 20th "Chocolate Extravaganza" Last day Party!

Day Visit **Grenada Community Library** for a fun day with the library kids, making cocoa balls, painting, reading and fund raising.

Evening The final festival event at **Dodgy Dock** is the "last day party" which includes an Arts and Crafts Bazaar where you can purchase beautiful handmade arts and crafts and souvenirs. Grenadian chefs will "cook up a storm" of chocolate in pop-up style on the waterfront. And finally...the evening will culminate with a fabulous cocoa and chocolate-inspired Fashion Show by local designers and the festival's Silent Charity Auction, plus lots of live music to party the night away!

### Sunday 21th "Free Day to Visit Grenada Sites and Beaches"

www.grenadachocolatefest.com

https://www.flickr.com/photos/grenadachocolatefest/

https://www.youtube.com/channel/UCIILr7janXGzojCRgASHrnA

https://www.facebook.com/GrenadaChocolatFest

https://twitter.com/GrenadaChocoFes

https://instagram.com/grenadachocolatefest/

Some events and venues may change, so please follow us at social media or keep checking the website for updates